



Birth Doula

We're excited to have a birth doula with us at the hospital while we welcome our first baby. They will be able to help us navigate the adventure of childbirth and serve as an advocate for the birthing person.

1 at \$1000

\$1000 remaining



[EDIT](#)




Postpartum Doula

We would like 2 weeks of support from a postpartum doula. Postpartum doulas provide families information and support on infant feeding, emotional and physical recovery from childbirth, infant soothing, and coping skills for new parents. They might also help with light housework, fix a meal and help incorporate an older child into this new experience.

2 at \$300

\$600 remaining



[EDIT](#)




Lactation Consultant

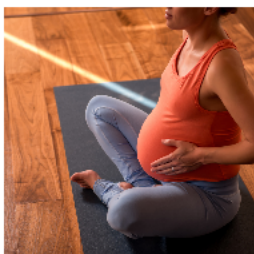
We'd like to have an initial consult with a lactation consultant to troubleshoot any issues and make sure we're on the right track.

1 at \$200

\$200 remaining



[EDIT](#)

Prenatal Yoga

I would like to enroll in a 6-week session of prenatal yoga in order to stay active during my pregnancy and to connect with other expecting moms.

1 at \$65

\$65 remaining



[EDIT](#)




Parent Education Courses

There's so much we DON'T know about being parents and we're fully aware of that! That's why we're registering to take a number of parent education courses to prepare ourselves as much as possible. Some of the courses we're planning to take are Childbirth Education, Hypnobirthing, Newborn Care Basics, Infant CPR, and Breastfeeding 101.

1 at \$250

\$250 remaining



[EDIT](#)
